## Get in touch

**Email** 



admin@rjncaresolutions.net

Phone



07522895660

Social Media



Facebook and Linkedin - RJN Care Solutions





## Welcome to RJN Care Solutions

Your care, our commitment

#### WHO WE ARE?

We're a family-led service with decades of experience in mental health and learning disability care. RJN Care Solutions was born from personal journeys and professional expertise—designed to offer care that's not just safe, but human. We understand how difficult it may be to get tot he right support.

We are here to make support feel simple, empowering, and tailored to you.



## **Our Services Include**

#### **Community Support**

Help with daily routines, accessing services, and staying connected to your community.

Mental Health & Wellbeing

Support to manage emotions, build resilience, and feel heard.

Communication & Independence

Tools and strategies to help you express yourself and live more independently.

Family & Carer Collaboration

We work with your loved ones to make sure your care feels right for everyone involved.

#### **Empowerment & Training**

Workshops and resources to help you understand your rights, build confidence, and make informed choices.

# What we



We offer flexible, individual support for people with:

- -Learning disabilities
- Mental health needs including mild moderate and severe diagnosis
- Neurodiverse conditions
- -Older Adults
- -Cognitive Behavioural Therapy





# **Funding**

We accept self-funding, direct payment support holders, Individual service fund and personal budgets

RJN's Promise to you We'll listen. We'll adapt. We'll treat you with dignity.